

**INTERNATIONAL SYMPOSIUM: "NEW INSIGHTS IN THE  
PREVENTION OF DIABETES".  
SATELLITE SYMPOSIUM TO THE 60<sup>TH</sup> EASD-EUROPEAN CONGRESS OF  
DIABETES. MADRID, 14 SEPTEMBER 2024**

**VENUE:** The Athenaeum of Madrid  
C/Prado 21, Madrid  
<https://ateneodemadrid.com/>

**9:15 am. Welcome Introduction. Jaakko Tuomilehto and Rafael Gabriel,  
WCPD Foundation**

**The 1-hour plasma glucose as a novel biomarker for detecting dysglycaemia.  
Chair: Clicerio Gonzalez Villapando, Mexico**

9:30-9:50 am. Background: Rationale, Pathophysiology and Overview. J  
Tuomilehto. Helsinki, Finland

9:50-10:10 am. Detection of Prediabetes and Type-2 Diabetes with 1-hour plasma  
glucose vs fasting plasma glucose and 2-hour plasma glucose. Ilham Satman. Istanbul,  
Turkey.

10:10:10:30 am. Discussion

**Screening for complications in prediabetes Chair: Sudhirsan Khowlessur,  
Mauritius**

10:30-10:50 am: Screening for Peripheral Neuropathy in Prediabetes and the Metabolic  
Syndrome. Rafael Gabriel, Madrid. Spain

10:50-11:10 am: Screening for diabetic Nephropathy. Jesús Egido, Madrid, Spain

11:10-11:30 am: Discussion

**11:30-12:00 Break**

**Update of the major T2D prevention trials. Chair: Pablo Aschner, Bogotá  
Colombia**

12:00-12:20pm: US Diabetes Prevention Program: Dana Dabelea, Denver, USA

12:20-12:40pm. Da Qing Prevention Trial in China. Guangwei Li, China

12:40-13:00 pm. Finnish Diabetes Prevention Study, Jaana Lindstrom, Helsinki, Finland

13:00-13:20 pm. Indian Diabetes Prevention Program. Ambady Ramachandran,  
Chennai, India

13:40-14:00 pm Discussion

**Conclusion remarks 14:00 pm. Rafael Gabriel, Jaakko Tuomilehto**